

If you are in a relationship where your spouse / partner / or caregiver:

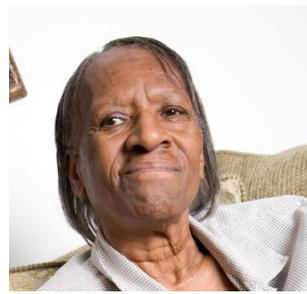
- Withholds medications
- Makes you miss medical appointments
- Takes or moves your walker, wheelchair, glasses or dentures
- Puts you on an allowance
- Limits your phone calls or access to mail
- Isolates you from friends and family
- Humiliates, demeans, or ridicules you
- Degrades or blames you
- Threatens to divorce or not divorce you
- Denies you access to ceremonial traditions or church, ignores religious traditions
- Makes all the major decisions
- Steals money, titles or possessions
- Takes over accounts, bills and spending without your permission



You are not alone.

A safe and confidential environment for mid life and older women to explore options, share feelings, experience support, increase feelings of self-worth, self-confidence and grow their independence.

An opportunity to learn new coping skills, characteristics of healthy and unhealthy relationships, ways of keeping safe, better communication and your rights as a person of worth.



Location

Aging and Disability Resource Center
of Brown County
300 S. Adams St
Green Bay, WI 54301
(across the street from the police station)

You can access the parking lot from Adams St and enter through main doors off the parking lot.

Time

Thursday evenings
6:30 to 8:00 pm, except holidays

- Pre-registration is not required
- There is no fee for the groups.
- This is a free service of Golden House
- Simply come to the Aging and Disability Resource Center on Thursday evening and join us.
- **Transportation can be arranged by calling 432-4244**

Attend and see for yourself that....

Support from others lightens the burden.

Unmasking the dynamics of abuse is possible.

Positive affirmations stimulate personal growth.

Providing time for you is worth it.

Opportunities for personal growth abound, not matter what age you are.

Realization of options can lessen frustration and anger.

Trust grows as isolation ends and friendships form within the group.



GoldenHouse™

Help and Healing for Domestic Abuse

Golden House
1120 University Avenue
PO Box 727
Green Bay, WI 54305-0727

Phone: 920-435-0100
877-431-4321
24 Hour Helpline: 920-432-4244

Domestic Violence Later in Life

